

# WEEK 2



|           | LUNCH  | PUDDING                   | TEA   |
|-----------|--|---------------------------|---|
| MONDAY    | Sandwich/wraps, potatoes, boiled egg, veg sticks, cheese, ham etc.<br><br>V & VG options | Fruit salad ice cream     | Dippers, beans and fries.                       |
| TUESDAY   | Chicken pesto orzo, with vegetables and flat bread.<br><br>V & VG options                | Yoghurt & fruit           | Wraps with a choice of filling with veg sticks. |
| WEDNESDAY | Chili con carne, rice and tortilla chips<br><br>V & VG options                           | Apple crumble and custard | Fish finger sandwich with veg sticks            |
| THURSDAY  | Fishcake, with wedges, mushy peas, bread & butter<br><br>V & VG options                  | Yoghurt & fruit           | Pasta and mixed veg                             |
| FRIDAY    | Shepherd's pie, green beans, carrots, and Yorkshire puddings.<br><br>V & VG options      | Cheese and oat biscuit    | Cheese/ham omelette with beans                  |