

WEEK 3



	LUNCH	PUDDING	TEA
MONDAY	Macaroni Cheese mixed Vegetables and parsley flat bread.	Yoghurt & Fruit	Eggs and soldiers, Soreen and fruit
TUESDAY	Shepherds pie, green beans, carrots, and Yorkshire puddings.	Apple crumble and ice cream	Cheesy Pasta and mixed veg. Rice pudding
WEDNESDAY	Homemade Pizza, sliced boiled eggs and veg sticks	Banana & custard	Soup and ham wrap. Yoghurt and fruit
THURSDAY	Fish fingers, fries, peas and sweetcorn with bread and butter	Yoghurt & Fruit	Beans on toast. Biscuit and yoghurt.
FRIDAY	Chicken Curry, Rice & Naan Bread	Pancakes, Squirty Cream & Fruit	